

**HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI**

**MENU FROM 3 AUGUST TO 9 AUGUST 2015**

	<i>Time</i>	<i>Day 1 MON</i>	<i>Day 2 TUES</i>	<i>Day 3 WED</i>	<i>Day 4THU</i>	<i>Day 5 FRI</i>	<i>Day 6 SAT</i>	<i>Day 7 SUN</i>
	7am to 7-30am	Bread Butter Jam	Bread Taost	Suji (Sweet)	Bread Taost	Bread butter jam	Bread butter jam	Chola Bhatura
<i>Breakfast</i>		Chocos	Pineapple	Mango	Chocos	Boiled Egg	Fruit	Hot milk
		Banana	Hot milk	Hot milk	Fruit	Fruit	Scrubled Egg	
		hotmilk			Hot milk	Hot milk	Hot milk	
<i>Snacks</i>	9-50 to 10-30 am	Purie sabji	Samosa	Paneer roll	Pao bhaji	Veg Chowmein	veg macaroni	
<i>Lunch</i>	2pm to 2-30pm							
rice		Steam rice	Steam rice	Plain rice	Khichidi	plain rice	rice	Fried rice
dal		Plain dal	Plain dal	Yellow dal	Aloo Dum	Lobiya dal	Plain Dal	Chilly Baby corn
veg		S,green sabji	S. green sabji	S. green sabji	Brinjal Fry	Aloo Parwal	S green sabji	Veg Manchurian
veg		Karai Paneer	Dry veg	Paneer B/M	Papar fry	s green sabji	Bhindi Fry	Chicken Chilly
non veg		egg masala	Chapati	chicken B/M	chapati	chapati	chapati	salad/achar
roti		chapati	Achar	chapati	Tomato chutney	Plain curd	salad /achar	
salad		salad /achar	Raita	Mix salad /achar		salad /achar	Dahi Vada	
raita								
<i>Snacks</i>	5pm to 5-30pm	Milk shake	Lemon juice	Hot milk	Fruit juice	Tang juice	Lassi	Veg soup
		Cheese sandwich	Veg pokoda	biscuits	Aloo papri	Patties	Burger	Veg momo
<i>Dinner</i>	8- 45pm to 9- 30-pm							
Rice		Plain rice	Jeera rice	Plain rice	Carrot pulao	plain rice	peas pulao	steam rice
dal		dal fry	Arahar dal	Mix dal	Dal Makhani	Panchwati Dal	dal Fry	Plain dal
sabji		Jeera aloo	Dry fry	Mixed veg	Kofta curry	s green sabji	French fries	Kadi Pakodi
Sabji		S.green sabji	s green sabji	s green sabji	Garlic Chutni	Mattor Paneer	Veg Makhani	Mixed veg
roti		chapati	chapati	roti	chapati	chapati	chapati	chapati
salad		Mix salad/papad	salad/papad	salad/papad	salad/papad	Mix salad/papad	salad/papad	salad/papad
sweet			Gulab jamun		Ice Cream		Sweet	Rasgulla
<p>Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the childrens' taste, preferences and requirement, the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration. Chinese once a week, chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room. during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal</p>								

**HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI**

**MENU FROM 10 AUGUST TO 16 AUGUST 2015**

	<i>Time</i>	<i>Day 1 MON</i>	<i>Day 2 TUES</i>	<i>Day 3 WED</i>	<i>Day 4THU</i>	<i>Day 5 FRI</i>	<i>Day 6 SAT</i>	<i>Day 7 SUN</i>
	7am to7-30am	Bread Butter Jam	Bread Taost	Bread butter jam	Bread Butter	cornflakes	Bread Taost	Aloo parantha
<i>Breakfast</i>		Chocos	Watermelon	Cornflakes	Chana Dry	Bread butter	banana	Meggi sauce
		Banana	hot milk	Mango	hot milk	Scrumbled Egg	Boiled Egg	curd
		hotmilk		hot milk		hot milk	hot milk	hot milk
<i>Snacks</i>	9-50 to 10-30 am	Chowmein	Idli Chutni	Soya roll	Purie sabji	samosa	veg macaroni	
						Imli chutni		
<i>Lunch</i>	2pm to 2-30pm							
rice		Steam rice	Steam Rice	plain rice	Plain rice	Plain rice	Steam rice	Veg fried rice
dal		Plain Dal	Plain dal	Plain dal	Panchwati Dal	mix dal	Tomato dal	Chilly paneer
veg		S.green sabji	S.Green Sabji	s green sabji	Bagara Began	Kofta curry	Cabbage fry	Manchurian Gravy
veg		Kadai Paneer	Ghogni chat	Paneer B/M	s green sabji	S. green sabji	S,green sabji	Chicken manchurian
non veg		Masala Egg curry	chapati	chicken curry	chapati	chapati	Sprout salad	salad
roti		chapati	salad/achar	chapati	salad /achar	Plain curd	chapati	
salad		salad /achar	Plain curd	salad /achar		salad /achar	Achar	
raita								
<i>Snacks</i>	5pm to5-30 pm	Chocolate milk shake	Tang juice	Hot milk	Fruit juice	Lemon Juice	Tang juice	Lemon Juice
		Cheese S/W	Patties	Biscuits	Kachori	Aloo chaat	Veg Chow	Veg cutlet
<i>Dinner</i>	8- 45pm to 9 30;pm							
Rice		Plain Rice	Plain rice	Steam rice	Jeera rice	Plain rice	Veg pulao	steam rice
dal		dal fry	yellow dal	Dal tarka	Chana dal(masala)	panchawati dal	rajma	Yellow Dal
sabji		mix veg	Aloo bhaja	Gatta sabji	Soya bean manchurian	S. green sabji	veg spl	S. green sabji
Sabji		S. green sabji	S. green sabji	S. green sabji	Dry fry	Stuffed Potato	chicken masala	Veg jaypuria
roti		chapati	chapati	chapati	chapati	chapati	chapati	Chappati
salad		Mix salad/papad	salad/papad	salad/papad	salad/papad fry	salad/papad	salad/papad	salad/papad
sweet			kheer		ice Cream		Fruit custard	Gulab jamun

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**HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI**

**MENU FROM 17 AUGUST TO 23 AUGUST 2015**

	<i>Time</i>	<i>Day 1 MON</i>	<i>Day 2 TUES</i>	<i>Day 3 WED</i>	<i>Day 4THU</i>	<i>Day 5 FRI</i>	<i>Day 6 SAT</i>	<i>Day 7 SUN</i>
	7am to 7-30am	Bread butter jam	Bread Taost	Bread Butter	Bread Butter	Bread butter	Bread Butter	Parantha Chana dal sabji
<i>Breakfast</i>		Cornflakes	Mango	Chana Dry	Chocos	Apple	Banana	hot milk
		Banana	hot milk	Fruit	Fruit	Boiled egg	Scrumbled Egg	
		hotmilk		hot milk	hot milk	hot milk	hot milk	
<b>Snacks</b>	9-50 to 10-30 am	Veg Chow	samosa	Pao bhaji	Idli chutney	Paneer roll	Cheese Macaroni	
<i>Lunch</i>	2pm to 2-30pm							
rice		Plain rice	Plain rice	Plain rice	Khichidi	Plain rice	Plain rice	Mexican Rice
dal		Dal plain	Plain moong dal	yellow dal	Aloo Dum	mix dal	Panchawati dal	Soyabean Manchurian
veg		S .green sabji	S. green sabji	S. green sabji	Brinjal fry	Mix veg	Ghogni Chat	Chilly Chicken
veg		Butter paneer	Chana aloo mix	Paneer B/M	Chutni	Kadai paneer	S.green sabji	Chilly paneer
non veg		masala egg curry	chapati	Chicken B/M	chapati	chapati	chapati	salad /achar
roti		chapati	Sprouts salad	chapati	salad	Mix salad /achar	salad /achar	
salad		salad /achar	Plain curd	salad /achar		Plain curd	Dahi vara	
raita								
<b>Snacks</b>	5pm to 5-30pm	Chocolate milk	Tang Juice	Chocolate M/S	Lemon Juice	Milk shake	lemon juice	Veg soup
		Chirwa fry	Veg pakoras	Biscuits	Aloo Chop	Chips	Veg sandwich	veg Momo
<i>Dinner</i>	8-45pm to 9-30pm							
Rice		Plain rice	Jeera pulao	Plain rice	peas pulao	Plain rice	Onion rice	Plain rice
dal		Dal fry	Dal Makhani	Mix dal	Dal fry	yellow dal	Rajma	mix dal
sabji		Potato Lesera	veg jaipuria	aloo jeera	Aloo Fry	s green sabji	Garlic chutni	Kadi Pakodi
Sabji		s green sabji	Dry fry	s green sabji	s green sabji	Kofta curry	Mixed Veg	s green sabji
roti		chapati	chapati	chapati	chapati	chapati	chapati	chapati
salad		Mix salad/papad	salad/papad fry	salad/papad	salad/papad	salad/papad	salad/papad	salad/papad
sweet			Sweet		Ice Cream		Kheer	sweet
<p>Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the childrens' taste, preferences and requirement, the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration. Chinese once a week, chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room. during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal</p>								

**HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI**

**MENU FROM 24 AUGUST TO 30 AUGUST 2015**

	<i>Time</i>	<i>Day 1 MON</i>	<i>Day 2 TUES</i>	<i>Day 3 WED</i>	<i>Day 4THU</i>	<i>Day 5 FRI</i>	<i>Day 6 SAT</i>	<i>Day 7 SUN</i>
<i>Breakfast</i>	7am to7-30am	Chocos	Bread Butter	Bread Taost	Bread butter jam	Bread Butter	Bread Toast	Chole Bhatura
		Bread butter jam	Chocos	cornflakes	Chana Dry	Fruit	fruit	hot milk
		Banana hotmilk	Fruit hot milk	Mango hot milk	Fruit hot milk	Scrubled Egg hot milk	Boiled egg hot milk	
<i>Snacks</i>	9-50 to 10-30 am	Purie Sabji	kachori	veg chow	Pao bhaji	Veg roll	veg macaroni	
			Imli chutney				Red sauce	
<i>Lunch</i>	2pm to 2-30pm							
rice		Plain rice	Plain rice	Plain rice	Plain rice	Plain rice	Plain rice	Fried Rice
dal		Dal plain	Plain dal	yellow dal	Chana dal	mix dal	Yellow Dal	Manchurian with gravy
veg		S.green sabji	S. green sabji	S. green sabji	S. green sabji	S. green sabji	Green sabji	Chilly paneer
veg		Shahi Paneer	Mix veg	Kadai Paneer	Veg	malai kofta	Cabbage fry	Hot sweet n sour chicken
non veg		egg curry	chapati	chicken curry	chapati	Plain curd	chapati	
roti		chapati	salad/achar	chapati	Sprouts	chapati	sprouts	
salad		salad /achar	Plain curd	salad /achar	Achar	salad		salad /achar
raita								
<i>Snacks</i>	5pm to 5-30pm	Lassi	Tang Juice	Hot Milk	Chocolate milk shake	Lemon Juice	Tang Juice	Tang juice
		Veg chow	Burger	Biscuits	Chirwa fry	Veg S/W	Samosa chutni	Veg Chow
<i>Dinner</i>	8- 45pm to 9- 30pm							
Rice		plain rice	steam rice	Plain rice	onion rice	plain rice	steam rice	Tomato rice
dal		dal fry	lobiya dal	dal tarka	mix dal;	yellow dal	panchawati dal	Cucumber raita
sabji		Aloo fry	Aloo Soyabean	Mix veg	Soya manchurian	S.green sabji	Kadi Pokodi	coconut chutney
Sabji		S. green sabji	S. green sabji	S. green sabji	Dry fry	Mix veg	s green sabji	mix veg
roti		chapati	chapati	chapati	chapati	chapati	chapati	chapati (apallam)
salad		Mix salad/papad	salad/papad	salad/papad	salad/papad	salad/papad fry	salad/papad	papad fry
sweet			Gulab jamun		Ice Cream		Kheer	Sweet

Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the children's taste, preferences and requirement, the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration. Chinese once a week, chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal